



Alyssa Jagt

Senior Associate

T 416.367.6694
F 416.367.6749
Toronto
AJagt@blg.com

[Employment Disputes](#)
[Labour & Employment](#)
[Human Rights](#)
[Human Resources & Labour Relations](#)

Alyssa is a management-side labour and employment lawyer. Her practice involves advising clients in both the private and public sectors on a variety of matters related to litigation, employment law and human rights.

She represents employers in litigation disputes including proceedings involving wrongful dismissals, breach of non-competition and non-solicitation obligations, misuse of confidential information, human rights complaints, and employee fraud.

Alyssa also advises employers on a variety of day-to-day employment matters, including employee accommodations, terminations, employment standards, and employment contract and policy reviews.

Insights & Events

- Author, "Ontario Court rules that a temporary lay-off provision is not a "termination" provision", BLG Article, June 2025
- Author, "Steps Ontario employers need to take to comply with newest employment legislation changes", BLG Article, March 2024
- Author, "Working for Workers Four Act, 2023: Changes to Canadian employment law coming soon", BLG Article, November 2023
- Author, "Salary range and AI-use disclosures requirements likely coming soon to Ontario", BLG Article, November 2023

Awards & Recognition

- Recognized in the 2026 edition (and since 2025) of *The Best Lawyers in Canada* as “Ones to Watch” (Corporate and Commercial Litigation) and since 2024 (Labour and Employment Law).

Bar Admission & Education

- Ontario, 2019
- JD, Queen's University, 2018
- BComm (Honours), Queen's University, 2015

BLG | Canada's Law Firm

As the largest, truly full-service Canadian law firm, Borden Ladner Gervais LLP (BLG) delivers practical legal advice for domestic and international clients across more practices and industries than any Canadian firm. With over 800 lawyers, intellectual property agents and other professionals, BLG serves the legal needs of businesses and institutions across Canada and beyond – from M&A and capital markets, to disputes, financing, and trademark & patent registration.

[blg.com](https://www.blg.com)

© 2026 Borden Ladner Gervais LLP. Borden Ladner Gervais LLP is an Ontario Limited Liability Partnership.