



Kate Lamont

Summer Law Student

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Kate is a summer student at BLG's Toronto office for the 2026 summer term.

As a law student, Kate volunteers with Downtown Legal Services, the University of Toronto's community legal clinic. Prior to law school, Kate worked as a research assistant in a psychology lab at Dalhousie University, as a policy intern for a provincial government, and in patient support roles at several Toronto hospitals.

Kate chose BLG because of the firm's welcoming and collaborative culture. She is excited about the opportunity to explore a variety of practice areas and to learn from the exceptional lawyers she met during the interview process.

In her spare time, Kate enjoys running, reading, and playing ultimate frisbee.

Insights Rollup

- Author, "Ontario court awards over \$22 million in landmark clinic surveillance privacy class action", BLG Article, June 2026

Education

- JD, University of Toronto, 2028
- MPA, Queen's University, 2025
- BSc (Hons.), Dalhousie University, 2024

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