The Government of Canada rescinds COVID-19 travel restrictions

October 04, 2022

Effective October 1, 2022, the Government of Canada removed all remaining COVID-19 travel and entry restrictions, including all testing, quarantine and isolation requirements. This will apply to all travellers entering Canada, regardless of their citizenship.

"*Thanks largely to Canadians who have rolled up their sleeves to get vaccinated, we have reached the point where we can safely lift the sanitary measures at the border. However, we expect COVID-19 and other respiratory viruses will continue to circulate over the cold months, so I encourage everyone to stay up-to-date with their COVID-19 vaccination, including booster doses and exercise individual public health measures. I also thank the dedicated public health officers and frontline staff at our land borders and airports who have worked tirelessly to protect the health and safety of people in Canada for the last two years*," The Honourable Jean-Yves Duclos, the Minister of Health, said in a statement.

COVID-19 restrictions lifted

Fully vaccinated international travelers have been permitted to enter Canada since September 7, 2021. Unvaccinated citizens and permanent residents of Canada have also been permitted to enter Canada, but were subjected to a period of quarantine.

As of October 1, 2022, travellers entering Canada no longer have to:

- Submit public health information through the ArriveCAN app or website;
- Provide proof of vaccination;
- Undergo pre- or on-arrival testing;
- Quarantine or isolate; or
- Monitor or report if they have COVID-19 symptoms upon arrival in Canada.

Transport Canada is also lifting the requirements to undergo health checks for travel by air or rail or for wearing masks when traveling on planes and trains. Measures applicable to cruise lines are also being lifted, however, a set of guidelines will remain in place, similar to the approach used in the United States, in order to protect passengers and members of the crew.

Remaining guidelines regarding COVID-19

Travellers must continue to follow any provincial or territorial COVID-19 requirements, and, despite the lifting of border and travel restrictions, COVID-19 remains one of the many diseases enumerated in the *Quarantine Act*. As a result, the Government of Canada has issued a number of recommendations, including to get vaccinated and boosted, wearing high quality and well-fitted masks when travelling and self-isolating if they have symptoms. Travellers who become sick while travelling or upon arrival to Canada are instructed to inform a flight attendant, cruise staff, or a border services officer upon arrival. Where appropriate, they may be connected with a quarantine officer who will assess whether the traveller needs a medical assessment.

In light with this announcement, Canada should expect to see an influx of corporate travellers, tourists, and foreign students, all of whom can now more easily travel to Canada. The full text of the Public Health Agency of Canada's the news release is available here.

BLG Beyond Business Immigration is a one-stop shop for the strategic advice and high-volume tailored solutions that your global mobility team needs to achieve its international talent goals. Global organizations come to us because of our reputation, reach and relationships, including at senior levels of government agencies in Canada, the U.S. and abroad.

By

Milica Bijelic, Noah Burshtein, Brian Dingle

Expertise

Labour & Employment, International Trade & Investment, Business Immigration, United Kingdom and Europe, United States

BLG | Canada's Law Firm

As the largest, truly full-service Canadian law firm, Borden Ladner Gervais LLP (BLG) delivers practical legal advice for domestic and international clients across more practices and industries than any Canadian firm. With over 800 lawyers, intellectual property agents and other professionals, BLG serves the legal needs of businesses and institutions across Canada and beyond – from M&A and capital markets, to disputes, financing, and trademark & patent registration.

blg.com

BLG Offices

Calgary

Centennial Place, East Tower
520 3rd Avenue S.W.
Calgary, AB, Canada
T2P 0R3

T 403.232.9500
F 403.266.1395

Ottawa

World Exchange Plaza
100 Queen Street
Ottawa, ON, Canada
K1P 1J9

T 613.237.5160
F 613.230.8842

Vancouver

1200 Waterfront Centre
200 Burrard Street
Vancouver, BC, Canada
V7X 1T2

T 604.687.5744
F 604.687.1415

Montréal

1000 De La Gauchetière Street West
Suite 900
Montréal, QC, Canada
H3B 5H4

T 514.954.2555
F 514.879.9015

Toronto

Bay Adelaide Centre, East Tower
22 Adelaide Street West
Toronto, ON, Canada
M5H 4E3

T 416.367.6000
F 416.367.6749

The information contained herein is of a general nature and is not intended to constitute legal advice, a complete statement of the law, or an opinion on any subject. No one should act upon it or refrain from acting without a thorough examination of the law after the facts of a specific situation are considered. You are urged to consult your legal adviser in cases of specific questions or concerns. BLG does not warrant or guarantee the accuracy, currency or completeness of this publication. No part of this publication may be reproduced without prior written permission of Borden Ladner Gervais LLP. If this publication was sent to you by BLG and you do not wish to receive further publications from BLG, you may ask to remove your contact information from our mailing lists by emailing unsubscribe@blg.com or manage your subscription preferences at blg.com/MyPreferences. If you feel you have received this message in error please contact communications@blg.com. BLG's privacy policy for publications may be found at blg.com/en/privacy.

© 2026 Borden Ladner Gervais LLP. Borden Ladner Gervais LLP is an Ontario Limited Liability Partnership.