



## Stephanie O'Connell

### Associate

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[Disputes](#)  
[Commercial Litigation](#)  
[Commercial Arbitration](#)  
[Environmental Disputes](#)  
[Labour & Employment](#)

Stephanie maintains a broad disputes practice with a focus on labour and employment.

She provides strategic advice to employers on a variety of issues, including:

- Employment policies and contracts
- Workplace-related matters, including performance management, discipline, and dismissal
- Wrongful dismissals
- Human rights complaints
- Employment standards

Stephanie articulated with BLG before joining the firm as an associate in 2023.

## Insights & Events

- Author, "Opening the tap: the B.C. government proposes new Watershed Security Strategy", BLG Article, March 2023



## Beyond Our Walls

### Professional Involvement

- Member, Law Society of British Columbia
- Member, Vancouver Bar Association

## Bar Admission & Education

- Ontario, 2024
- British Columbia, 2023
  
- JD, University of Victoria, 2022
- BMgmt, Dalhousie University, 2017

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