



Sara A. McGregor

Senior Associate

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[Disputes](#)
[Contract Disputes](#)
[Commercial Arbitration](#)
[Fraud](#)
[Intellectual Property Litigation](#)
[Insurance Claim Defence](#)
[Defamation & Media Law](#)

Sara maintains a broad disputes practice with a focus on complex commercial and civil litigation matters involving private and public companies, and individuals. /p>

Her areas of focus include:

- Contractual and enforcement matters;
- Injunctions and extraordinary remedies;
- Commercial arbitrations;
- Anti-fraud litigation;
- Franchise disputes;
- Administrative proceedings and judicial reviews; and
- Procurement matters.

Sara has assisted with matters and acted as counsel before the Alberta Provincial Court, Alberta Court of Queen's Bench, Ontario Court of Justice and Ontario Superior Court of Justice. She also regularly appears on Toronto's Commercial List and before various tribunals.

Sara was seconded to one of Canada's largest financial institutions from 2021-2022, where she provided legal and regulatory compliance oversight and guidance on a range of capital markets issues, transactions and initiatives.

Sara summered and articulated with in BLG's Calgary before becoming senior associate in the firm's Toronto office.

Experience

- Acts for Canada's largest province-wide, fully-integrated health system in a highly contentious, multi-party litigation matter involving an urgent injunction, multiple appeals and applications, an arbitration under the New West Partnership Trade Agreement, and media coverage.
- Advises a Canadian automobile manufacturer with respect to risk management and arbitral proceedings brought under the National Automobile Dealer Arbitration Program (NADAP).
- Successfully obtained an order of contempt in one of the Commercial List's first virtual hearings at the onset of the COVID-19 pandemic.
- Obtained an ex parte Mareva injunction freezing bank accounts in a fraud recovery proceeding.
- Obtained a Norwich Order compelling third-party financial institutions to preserve and provide evidence regarding bank accounts and funds in a fraud recovery proceeding.

Insights & Events

- Author, "Absent evidence of unconscionability or disproportionality, forbearance agreement upheld by Court of Appeal", BLG Article, October 2019
- Author, "Close the Sale or Pony Up – ONCA Clarifies the Legal Relationship between Deposits in Real Property Transactions and Section 21 of the OBCA," The Exchange: Financial Institutions Litigation Blog, March 2019.
- Co-author, "Freedom of Expression and Activism on College Campuses," 2018 Higher Education Summit, November 2018.
- Co-author, "British Columbia Court of Appeal orders Vancouver transit authority to reconsider selling ad space to anti-abortion group," BLG Publications, October 2018.
- Co-author, "Application for Particulars of Charge under Fisheries Act Denied," BLG Publications, May 2017.
- Co-author, "CBA 2016 Insurance Case Law — A Year in Review," CBA Insurance South Subsection, January 2017.

Beyond Our Walls

Professional Involvement

- Member, Canadian Bar Association
- Member, Law Society of Ontario
- Member, Law Society of Alberta
- Member, Ontario Bar Association
- Member, The Advocates' Society
- Member, Association of Women Lawyers
- Member, LCIA

Community Involvement

- Volunteer, BLG United Way Campaign

- Volunteer, BLG Reads to Kids
- Volunteer, Pro Bono Ontario
- Volunteer, Law Day (Calgary)
- Volunteer, Civil Claims Duty Counsel Project (Calgary)
- Volunteer, QB Amicus Program (Calgary)
- Volunteer Adjudicator, BLG Trial Competition (Calgary)

Awards & Recognitions

- Recognized in the 2025 edition of *The Best Lawyers in Canada* - Ones to Watch™ (Corporate and Commercial Litigation)

Bar Admission & Education

- Alberta, 2017
- Ontario, 2018
- JD, Robson Hall, University of Manitoba, 2016
- BA (Double Major, Political Science and History), University of Winnipeg, 2011

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As the largest, truly full-service Canadian law firm, Borden Ladner Gervais LLP (BLG) delivers practical legal advice for domestic and international clients across more practices and industries than any Canadian firm. With over 725 lawyers, intellectual property agents and other professionals, BLG serves the legal needs of businesses and institutions across Canada and beyond – from M&A and capital markets, to disputes, financing, and trademark & patent registration.

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