



Alysia Sainas

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Alysia is a 2025 articling student at BLG's Vancouver office.

During Alysia's first year at law school, she participated in the Law Students' Legal Advice Clinic, where she appeared before the Provincial Court of British Columbia. Alysia also competed in the Gale Cup Competitive Moot. Prior to attending law school, Alysia received a degree in political science from Western University.

Alysia chose BLG for the firm's supportive, welcoming culture and the meaningful opportunity to learn from leading lawyers in a broad range of practice areas.

Outside of work, Alysia enjoys skiing at Whistler Blackcomb, trying new restaurants with friends, going to spin class and yoga.

Beyond Our Walls

Community Involvement

- Peer Tutor, Peter A. Allard School of Law, 2023-present
- VP Internal Relations, Allard Law Women's Caucus, 2023-present
- Clinician, Law Students' Legal Advice Program, 2022-2023

- Workshop Leader, Legal Education Outreach Program, 2022-2023
- Roster Program Volunteer, Access Pro Bono Society of BC, 2021-2022

Education

- JD, Peter A. Allard School of Law, UBC, 2025
- BA, Western University, 2021

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