

Sandrine Mainville

Senior Associate

T 514.395.2705
F 514.954.1905
Montréal
SMainville@blg.com
LinkedIn

Employment Disputes
Commercial Litigation
Labour & Employment
Grievances & Arbitrations
Workplace Harassment

Sandrine's practice focuses on dispute settlement, with specialization in labour and employment law. She is also called upon to advise both unionized and non-unionized employers and to represent their interests in disputes.

Before joining BLG, Sandrine completed her law studies while training full-time in championship level swimming. She participated in the 2016 Olympics, where she won the bronze medal for free-style 4x100 m. relay with her teammates.

Presentations & Publications

- Author, "Ronald Carrière v. Copap inc.: A case of employee perceptions blown out of proportion", BLG Article, March 2023
- Author, "Employers: Ready, set, remote work!", BLG Article, July 2020

Beyond Our Walls

Community Involvement

- Member of the Board of Directors of the Sport Dispute Resolution Centre of Canada (SDRCC)

Awards & Recognition

- Lawyer of the Year – Labour and Administrative Law by the *Jeune Barreau de Montréal*, 2023
- Recognized in the 2027 edition (and since 2026) of *The Best Lawyers in Canada* - Ones to Watch (Corporation and Commercial Litigation & Labour and Employment Law).

Bar Admission & Education

- Québec, 2020

- LL. B. (including an exchange session at the University of Toronto), Université de Montréal, 2018

BLG | Canada's Law Firm

As the largest, truly full-service Canadian law firm, Borden Ladner Gervais LLP (BLG) delivers practical legal advice for domestic and international clients across more practices and industries than any Canadian firm. With over 800 lawyers, intellectual property agents and other professionals, BLG serves the legal needs of businesses and institutions across Canada and beyond – from M&A and capital markets, to disputes, financing, and trademark & patent registration.

blg.com

© 2026 Borden Ladner Gervais LLP. Borden Ladner Gervais LLP is an Ontario Limited Liability Partnership.