



Sara Arias Garcia Associate

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Business Immigration
Labour & Employment
Health Law
International Arbitration
Insurance Claim Defence

Sara is an experienced disputes lawyer with a diverse civil litigation practice. Her areas of expertise include business immigration, employment law, health law, and insurance defense.

Sara served as a legal advisor in the Congress of the Republic of Colombia, where she gained valuable insights into the legislative process, particularly regarding international humanitarian law and public law.

Sara joined BLG in 2021, where she worked closely with the business immigration team. She later summered and articled at BLG before becoming an associate.

Insights & Events

 Speaker, "Pathways to Success," NCA Accreditation Journey, Canadian Hispanic Bar Association, May 9, 2024

Beyond Our Walls

Professional Involvement

- Member, Law Society of Ontario
- Member, Canadian Hispanic Bar Association



Bar Admission & Education

- Colombia, 2018
- Ontario, 2024
- LL.M, University of Ottawa, 2021
- PGDIPL, Externado University, 2019
- LL.B, Rosary University, 2018

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