

Jamila Bolahood

Senior Associate

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Labour & Employment
Human Rights
Grievances & Arbitrations
Workplace Harassment

Jamila represents management in all workplace matters by offering practical solutions and skilled advocacy to achieve success in both unionized and non-unionized workplaces. She advises employers on a range of issues, including:

- Wrongful dismissal litigation;
- Labour disputes;
- Grievance arbitrations;
- Workplace harassment investigations;
- Human rights applications; and
- Employment standards and contracts.

She represents employers in proceedings before the courts, labour arbitrators, labour relations boards and human rights tribunals.

Insights & Events

- Author, "Canada – New Workplace Accessibility Standards Finalized", Lexology, 2019.
- Co-author, “Contractor convicted of manslaughter for breaking health and safety laws sentenced to jail for 18 months", Canadian Occupational Safety Magazine, September 2018.
- Co-author, "Sexual Harassment Law in Canada", Bloomberg Law’s Workplace Harassment Law textbook, Second edition, Chapter 27, 2018.

Beyond Our Walls

Professional Involvement

- Member, Canadian Bar Association
- Member, Law Society of Ontario
- Member, Ontario Bar Association

Awards & Recognition

- Recognized in the 2027 edition (and since 2025) of *The Best Lawyers in Canada* as “Ones to Watch” (Labour and Employment Law)

Bar Admission & Education

- Ontario, 2017

- JD, University of Ottawa, 2016
- BA (Honours), Queen's University, 2013

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