

Alyssa Jagt

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Employment Disputes
Labour & Employment
Human Rights
Human Resources & Labour Relations

Alyssa is a management-side labour and employment lawyer. Her practice involves advising clients in both the private and public sectors on a variety of matters related to litigation, employment law and human rights.

She represents employers in litigation disputes including proceedings involving wrongful dismissals, breach of non-competition and non-solicitation obligations, misuse of confidential information, human rights complaints, and employee fraud.

Alyssa also advises employers on a variety of day-to-day employment matters, including employee accommodations, terminations, employment standards, and employment contract and policy reviews.

Insights & Events

- Author, "Ontario Court rules that a temporary lay-off provision is not a “termination” provision", BLG Article, June 2025
- Author, "Steps Ontario employers need to take to comply with newest employment legislation changes", BLG Article, March 2024
- Author, "Working for Workers Four Act, 2023: Changes to Canadian employment law coming soon", BLG Article, November 2023
- Author, "Salary range and AI-use disclosures requirements likely coming soon to Ontario", BLG Article, November 2023

Awards & Recognition

- Recognized in the 2027 edition (and since 2025) of *The Best Lawyers in Canada* as “Ones to Watch" (Corporate and Commercial Litigation) and since 2024 (Labour and Employment Law).

Bar Admission & Education

- Ontario, 2019

- JD, Queen's University, 2018
- BComm (Honours), Queen's University, 2015

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