



Sophie Méra-Joyce

Articling Student

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Sophie is a 2026 articling student at BLG's Vancouver office.

Prior to attending law school, Sophie received a Bachelor of Arts degree in Criminology with a minor in Psychology from Western University. She has been actively involved in advocating for women through her volunteer work at women's shelters. Sophie is also fluent in French.

In law school, Sophie earned the Dean's Course Prize in Contracts and Evidence, and serves as a mentor to 1L students.

Sophie chose to work at BLG for its focus on mentorship, strong collegial environment, and exceptional reputation in business law.

In her spare time, Sophie enjoys playing ice hockey, attending spin classes, traveling, cooking, and learning languages.

Insights Rollup

- Author, "'Time is of the essence' in contracts: What the SCC may decide in Cold Ocean Salmon", BLG Article, October 2026
- Author, "CPL cancellation in B.C.: Court of Appeal clarifies protective actions and abuse of process", BLG Article, September 2026

Beyond Our Walls

Community Involvement

- Volunteer Judge, Canadian Parents for French, 2024
- Volunteer, Vancouver Rape Relief & Women's Shelter, 2022

Education

- BA, Western University, 2021
- JD, Thompson Rivers University, 2026

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