Christine Laviolette

Partner

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Health Regulatory
Health Care & Life Sciences
Health Law
Patient Care
Health Care Disputes
Disputes

Christine advises and advocates for organizations and professionals across the health and life sciences sectors throughout Canada. She provides regulatory and strategic guidance to clients from early-stage companies to established national and multinational organizations navigating complex healthcare legal frameworks.

Her regulatory practice spans a wide range of healthcare and life sciences matters, including virtual care, GLP-1 therapeutics, laboratory developed tests, medical devices, pharmaceuticals and clinical operations. She advises healthcare businesses—such as medical clinics, pharmacies, MediSpas, diagnostic imaging facilities, fertility clinics, laboratories, and virtual platforms—on establishing operations, structuring compliant business models, and meeting federal and provincial regulations.

Her work includes advising on insured and uninsured healthcare models, advertising and promotional compliance for drugs, medical devices, and natural health products, and regulatory due diligence in transactional contexts. Christine also advises on fertility law and assisted human reproduction regulation, provides regulatory and strategic advice to FemTech companies, and counsels clients on emerging areas such as precision medicine and peptides.

A litigator by background, Christine's litigation experience informs her advisory practice, enabling her to anticipate risk and provide strategic, practical guidance to clients. She has represented hospitals, public health authorities, and other health sector organizations and their employees in civil litigation. She has appeared as lead counsel before tribunals and at all levels of court in Ontario.

Christine has also completed a secondment in the legal department of a multinational pharmaceutical company, providing her with in-house perspective on regulatory risk, compliance, and operational decision-making.

Christine has been recognized in the 2025 edition of *Best Lawyers in Canada* for Health Care Law and was previously recognized from 2022 to 2024 as *Best Lawyers: Ones to Watch* in Canada for Health Care Law.

Experience

- Advises multiple global digital health companies including virtual care companies.
- Secondment experience in the legal department of a multi-national pharmaceutical company.
- Advises clinics, out-of-hospital premises, independent health facilities, MediSpas, laboratories and virtual platforms to ensure compliance with the relevant laws and standards of practice.
- Experience advising on insured and uninsured business models.
- Advises on advertisements related to drugs, devices and natural health products.
- Frequently assists and oversees health regulatory due diligence.
- Advises on matters relating to the *Food and Drug Act* and its regulations, as well as Health Canada Guidance documents.
- Advises on fertility law and assisted reproduction regulation.
- Provides regulatory and strategic advice to FemTech companies.
- Advises on regulations surrounding psychedelic therapy.
- Advises health professionals and clinics on licensing, conflict of interest and advertising regulations.
- Advises on compliance with *Commitment to the Future of Medicare Act* and equivalent statutes across Canada.
- Counseled hospital leadership on innovative medical devices.
- Acted for forensic mental health facilities before the Ontario Review Board and on appeals at the Court of Appeal

Insights & Events

- Author, "2026 Update to the new interpretation of the Canada Health Act", BLG Article, April 2026
- Author, "Under the needle: Navigating legal risks in the medispa sector", BLG Article, January 2026
- Author, "A new era: Health Canada signals modernization in policy and regulatory reform", BLG Article, September 2025
- Author, "New interpretation of the Canada Health Act", BLG Article, January 2025
- Author, "Introduction to the Pharmacare Act: A New Era for Pharmacare in Canada", BLG Article, October 2024
- Author, "Pharmacy preparedness for upcoming role expansion in Ontario", BLG Article, July 2024
- Author, "Creating powerful connections in the name of women’s health – Femtech Canada’s launch event with Driven by Women", BLG Article, January 2024
- Author, "Part 4 –Your Health Act, 2023: What you need to know now that Bill 60 is in force", BLG Article, October 2023
- Thought Starters, BLG Perspective, September 2023
- Author, "Part 3 – Bill 60: Your Health Act, 2023, update on proposed regulations", BLG Article, July 2023
- Author, "A 2023 update on virtual care in Canada", BLG Article, June 2023
- Author, "Virtual care article update – June 2023", BLG Article, June 2023
- Author, "Part 2 - Bill 60: Your Health Act, 2023 implications for health sector stakeholders", BLG Article, April 2023

- Author, "Bill 60: Your Health Act, 2023 implications for health sector stakeholders", BLG Article, March 2023
- Author, "Cross-Canada virtual care licensure requirements and best practices", BLG Article, June 2021
- Author, "Top Five Legal Tips for the Health and Wellness Industry", BLG Article, April 2019
- Author, "Co-author, "Ten Things to Know Now That Recreational Cannabis Will Be Legal in Canada," BLG's Health Law Monitor, July 2018", BLG Article, July 2018
- Author, "Impact of the All Families Are Equal Act, 2016 for Surrogate Births", BLG Article, March 2018
- Author, "Ministry Focuses on Transparency in the Ontario Health Care Sector,", BLG Article, December 2017
- Bill 28: All Families Are Equal
- Co-author, "Medical Cannabis," BLG's Top 10 Legal Risks for Business in 2017, January 2017
- Co-author, "Guidance for Health Care Organizations on the New Cannabis Regulations," Risk Management in Canadian Health Care, October 2016
- Author, "Guidance for Health Care Organizations on the New Cannabis Regulations", BLG Article, August 2016

Beyond Our Walls

Professional Involvement

- Member, Law Society of Upper Canada
- Member, Canadian Bar Association
- Executive Member, Ontario Bar Association
- Member, Medico-Legal Society of Toronto
- Member, The Advocates' Society

Community Involvement

- Duty Counsel, Law Help Ontario

Awards & Recognition

- Recognized in the 2027 edition (and since 2023) of *Best Lawyers in Canada* (Health Care Law) and in the 2022 to 2024 editions of *Best Lawyers: Ones to Watch in Canada* (Health Care Law)

Bar Admission & Education

- Ontario, 2013

- JD, University of Ottawa, 2012
- LLM Certificate, University of Kent, 2011
- BHSc, University of Ottawa, 2009

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