Sandrine Mainville

Senior Associate

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Employment Disputes
Commercial Litigation
Labour & Employment
Grievances & Arbitrations
Workplace Harassment

Sandrine's practice focuses on dispute settlement, with specialization in labour and employment law. She is also called upon to advise both unionized and non-unionized employers and to represent their interests in disputes.

Before joining BLG, Sandrine completed her law studies while training full-time in championship level swimming. She participated in the 2016 Olympics, where she won the bronze medal for free-style 4x100 m. relay with her teammates.

Presentations & Publications

- Author, "Ronald Carrière v. Copap inc.: A case of employee perceptions blown out of proportion", BLG Article, March 2023
- Author, "Employers: Ready, set, remote work!", BLG Article, July 2020

Beyond Our Walls

Community Involvement

- Member of the Board of Directors of the Sport Dispute Resolution Centre of Canada (SDRCC)

Awards & Recognition

- Lawyer of the Year – Labour and Administrative Law by the *Jeune Barreau de Montréal*, 2023
- Recognized in the 2027 edition (and since 2026) of *The Best Lawyers in Canada* - Ones to Watch (Corporation and Commercial Litigation & Labour and Employment Law).

Bar Admission & Education

- Québec, 2020

- LL. B. (including an exchange session at the University of Toronto), Université de Montréal, 2018

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